

When Youth Is Gone

By KARIN MICHAELIS.

No man understands what the soul of a woman is in reality. No man has any idea of the inner workings of a woman's heart. Men pride themselves on understanding women, but are always deceived in this respect. The whole truth is never spoken between men and women, but it is not necessary to do so. Men are never sincere towards women, because they are never sincere towards themselves. Men can be honorable in dealing with themselves as in dealing with others, but women do not possess this capacity.

A woman can love a man more than her own life; she can sacrifice her time, her health, and her life for him; but if she is a real woman she can never take him entirely into her confidence. She cannot take him into her confidence, because she dare not. A woman, on the contrary, even if only for a brief time, loves without reserve. In this condition she allows herself to be unlocked like a chest of drawers with many secret recesses. Then she discovers herself and his past to the woman she loves, but a woman never gives up of her confidence that reason permits.

Every woman plays a comedy at all times of her life with smiles and tears. Smiling is a language which none but women understand. A woman smiles at a great crisis, a woman poses over a crisis with a smile, and with a smile reflects the greatest virtues. Men cannot smile at all; they are only as careful enough to smile. And with the smile, so it is with tears. Tears are from nature to women, and most women use them to excite themselves when they desire to create a scene.

It is very easy for a woman to deceive a man when the latter is in love, for when a man is in love with a woman he believes everything because he desires to believe it. The "Doubting Thomas" ought to have been a woman, because women always doubt. A shadow of doubt penetrates into her innermost feelings, perhaps because she judges man according to her own character, perhaps because she assumes that he deceives as she herself deceives. But this is not the case. A woman becomes communicative, while a man is secretive, and that is part of the tragedy which is concealed in every love affair.

There are, of course, exceptions. There are women who become truthful in the course of time. I cannot state that there are women who are naturally truthful, but love has the power to train a woman to truth. Such women are, in fact, the only women. Among millions one finds one such woman, and how blessed is the man who finds such a wife! This one exception among millions makes the art of comedy with which all her sisters mask themselves.

CHASE CITY

(Special to The Times-Dispatch.)—Chase City, Va., November 11.—The Ladies' Fortnightly Club was entertained a few days ago by Mrs. George A. Endley. After readings upon many subjects and the regular routine of business was transacted, the members and guests were ushered into the dining-room where they partook of delicious refreshments. Those present were: Mesdames Mrs. A. Endley, R. D. Patterson, Judd, Robert, George, Hardy, J. Thomas Goode, Jr., S. B. Jeffreys, Robert L. Jeffreys, W. A. T. Patterson, T. H. H. Ferrell, W. A. Broocks, Hardy, Susan Norton, Misses J. M. Boethe, Anderson, Darnell, Elam, Mesdames E. W. Huggins, E. T. Beazley, J. G. Goode, and T. Owen Eastley, of South Boston.

T. Owen Eastley, of South Boston, was the guest of Dr. A. T. Finch Saturday and Sunday. He returned home Monday, accompanied by Mrs. Eastley and son, Henry, who have been guests of relatives and friends here some days.

James Thorn, of South Boston, was here a few days ago. Mayor W. H. Jeffreys, Mr. Baldwin and Mr. M. Jeffreys spent a few days in Oxford, N. C., this week.

Mrs. E. T. Beazley is the guest of Miss Helen White, in Oxford, this week.

Misses Mary Scott Patello and Seal Gregory, who are teaching in the country, were here visiting their mothers, Saturday and Sunday.

Mrs. Robert, who formerly of Boydton, will, in the future reside here.

Miss Mills and little son, Floyd, are visiting in Richmond this week.

GLADSTONE

(Special to The Times-Dispatch.)—Gladstone, Va., November 11.—C. M. Payne, of Blue Ridge Springs, who has been visiting his parents, has returned.

Miss Mary Doran, who has been the guest of the Misses Pamplin, has returned to her home in Richmond.

Mr. Stringfellow was in Richmond this week.

Mrs. M. A. Walkup and W. H. D. Witt, of Sweet Briar, are guests at the home of W. H. Harris.

Miss Lottie Moon has returned from a visit to friends at Arlington and Shipman.

Mrs. J. L. Terry and children visited her mother, Mrs. S. C. Payne, of Greenway, this week.

A. D. Jordan, of Jackson, Ky., is at his old home here again.

Indigestion Gone
Digestit Did It

MONTGOMERY, Ala.—T. M. Hays writes: "I have tried many prescriptions and a lot of patent medicines, and received more benefit from a package of your Digestit than all the other medicines. I was troubled with heartburn, sour stomach and a burning in my chest, and everything I ate hurt me, but now I can eat anything I want, and that heartburn and sour stomach have disappeared. I have recommended your medicine to many sufferers, and cannot say too much for your wonderful remedy. I endorse every word you say about it. I feel good to-day, and owe it to your excellent medicine."

As an "After Dinner" tablet to relieve or prevent that full, uncomfortable feeling after eating a hearty meal there is no better remedy than Digestit—it digests the food and prevents fermentation. 50¢ at drug stores.

We'll Do the
Family Wash

And do it better than you can do it at home. When you want relief from home washday cares, bear this in mind and send for us. We'll call gladly and deliver the work promptly.

Eagle Steam Laundry
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"77"

Humphreys' Seventy-Seven
Breaks up Grip and

COLDS

Just a Cold.

If you have a Cold, just a Cold, you need "Seventy-seven."

If you have a Cough, slight or deep seated, you need "Seventy-seven."

If you have a Sore Throat, Quinsy or Ulcerated, you need "Seventy-seven."

If you have the Grip, with aching bones, you need "Seventy-seven," and you need it quickly. All dealers sell "Seventy-seven." 25c or mailed.

Humphreys' Homeo. Medicine Co., Cor. William and Ann Streets, New York.

The Great Blessing

"Look to your health," said quaint old Isaac Walton, "and if you have it, praise God, and value it next to a good conscience." Among the educated classes the value of health was never more keenly appreciated than it is to-day. All kinds of devices are resorted to, in order to achieve and maintain it, and many people deny themselves all in order to follow in the footsteps of the goddess Hygiea. They forswear choice foods, and look not upon the wine when it sparkles with amber clarity. The simplest fare contents them and water out of a wooden bowl is as nectar to them if only it confers upon them the supreme blessing of health.

In a word, to be healthy is to be fashionable, and what is fashionable must be attained at any cost. The woman who simulated a perpetual state of semi-invalidism, who reclined on a sofa all day long reading novels, who was always afflicted with the "vapors" (whatever that may mean), has now disappeared from our midst. One might search from Dan to Beersheba, and yet not find her. It is in the hockey field and on the golf greens that one must look for her, her successors. There can be no question that so far as the middle and upper classes are concerned, the importance of health and of subscribing to all the laws pertaining thereto is fully realized.

But many of the poorer classes still show a predilection for the dingy byways of dirt and disease. This, of course, is entirely due to ignorance. Dirt and disease are what they have been used to, and so they have come to be regarded as familiar friends whose sudden removal would cause a shock. No finer work for women of leisure could be imagined than that of bringing to those who sit in darkness the good news of the gospel of health.

What more noble or beneficial work could be conceived for the young woman of leisure than co-operation in this movement towards the physical, moral and mental regeneration of the masses of the people? For it is now realized as never before how the body reacts on the mind and the mind on the body. Psychologists have demonstrated to us how frequently moral and mental aberrations may be traced to physical causes. Rooms with closed windows, overcrowding, ill-cooked food, dust and dirt, all weaken the moral fibre just as surely as the mind and the body on the frame. In ancient mythology the gods are represented as invoking appalling disasters on mortals who disobeyed their behests, and no deity is more implacable, more swift and terrible in retribution, than the goddess of health. If all the women of means and leisure in this country were to devote at least a small part of their time to this noble work, the results would be little short of miraculous.

ONANCOCK

(Special to The Times-Dispatch.)—Onancock, Va., November 11.—Mrs. T. M. Scott, of Eastville, and Mrs. Thomas E. Jacob, and two children, of Capeville, are here to spend two weeks with Mrs. E. and F. Custis, and Mrs. C. Fred Kelley.

Mrs. L. D. T. Quimby left Tuesday for Richmond to represent the Jefferson Davis Chapter, Daughters of Confederacy, at the general convention in session there the past week.

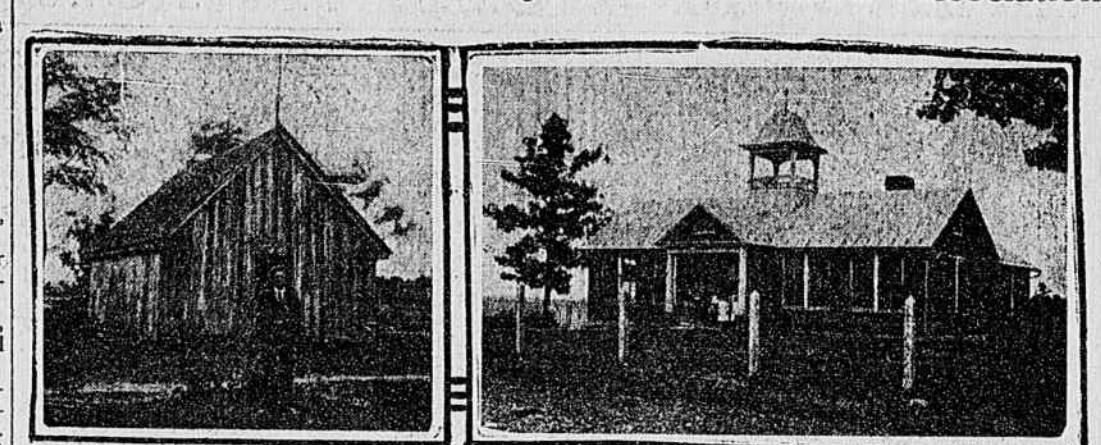
Mrs. Sallie D. Watson, after spending two months with her cousin, Mrs. S. T. Waples, left for Hampton Tuesday.

Mrs. W. W. Woodward, of Hampton, was with her sister, Mrs. Samuel T. Waples this week.

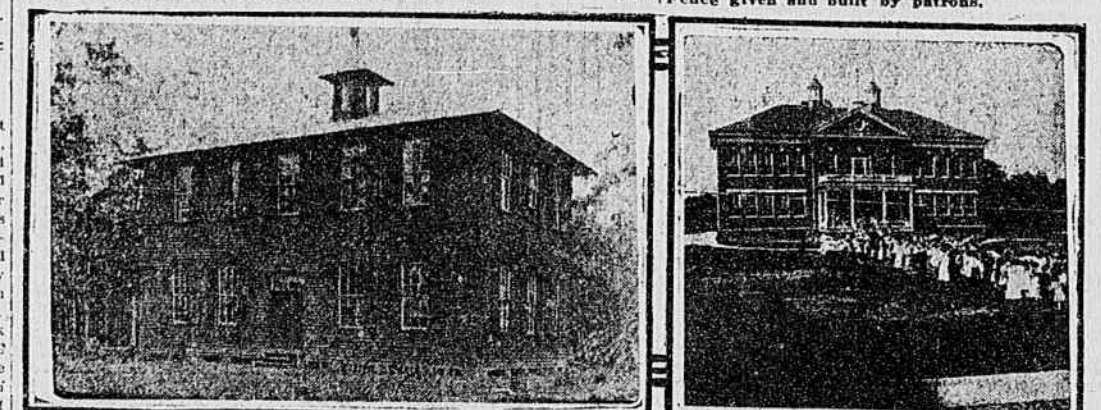
Mrs. Joseph L. Cabell, of Georgetown, Del., is at "Sans Souci," the home of her mother, Mrs. E. K. Powell.

Judge Charles, wife and daughter, of Staunton, and Mrs. Edwin Goffman, of Cape Charles, spent this week at "The Cave," the home of Mr. and Mrs. Robert P. Taylor.

Mrs. R. T. Ames is home from a

Signs of Educational Progress Stimulated
by Co-operative Education Association

ONE OF THE OLD SCHOOLHOUSES.

DALE ENTERPRISE SCHOOL.
Fence given and built by patrons.

SCHOOL AT OAK GROVE.



RURAL SCHOOL ATHLETIC MEET.

Reports of Officials Will Show
Very Successful Year's
Work.

Reports which are being prepared by the field officials of the Co-operative Education Association for presentation to the annual meeting in Norfolk on November 28, will show a most successful year's work. This session will, as usual, be contemporaneous with the gathering of the Virginia Educational Conference, of which the Co-operative Education Association is a part.

Two addresses will be delivered which are expected to attract wide attention. One of these will be by Dr. G. C. Greenman, president of the Agricultural College of Ontario, at Guelph, Canada, and a leader in agricultural education. The other will be by Miss Jessie Fields, superintendent of the public schools of Page county, Iowa, and well known throughout the country.

Doing Good Work.
The Department of Public Instruction feels that the association, which is supported by voluntary contributions, is doing a valuable work in stimulating educational progress. J. H. Binford, the executive secretary, held his public meetings in community centers where he is invited, and stirs up interest in the work of making the schools centers of community life. Mrs. L. R. Dashiell, who manages the school and civic improvement leagues, organizes such associations.

Some of the results are shown by the pictures on this page. A schoolhouse shown "before and after taking" the prescription of the Co-operative Education Association, athletic gatherings and rallies indicate the growing interest in getting the people together for the good of the generation which now holds the stage as well as for the generation which is just budding the scene.

The officers of the association are: Mrs. B. B. Munford, president; Governor William Hodges Mann, first vice-president; John Stewart Bryan, second vice-president; J. P. McConnell, third vice-president; Henry W. Anderson, treasurer; J. H. Binford, executive secretary; Mrs. L. R. Dashiell, director of citizens' leagues.

The Program.
Following is the program for the

Fresh Air, the World's Best
Medicine.

By PHILIP P. JACOBS, Ph. D.,

Assistant Secretary of the National Association for the Study and Prevention of Tuberculosis.

As soon as men come to realize that the best medicine for curing man's ills and the best preventive of disease is fresh air, there is going to be one of the greatest revolutions in architecture and building the world has ever known. It will not be possible, then, for an architect to design a tenement with dark, unlighted, unaired rooms. Men will call for light and air before they will call for anything else. We will never revert to the open-air life of our primitive ancestors, but we will convert our dwellings, offices and workshops into open-air rooms.

When men forsook the tepee, the tent, or the lean-to for the more permanent dwelling of modern days, he gained a certain degree of comfort at the expense of his health by the exclusion of fresh air, the history of the American Indian is a striking illustration of this fact. During the winter, free life on the plains, tuberculosis was almost unknown among the Indians. But when the government built houses for its wards and installed the modern stove, the Indian forsook his open-air life, and especially in the cold weather, sealed up his house and huddled day after day in the treacherous warmth of the stove. The result was twofold. He lost his vigor and weakened his resistance to disease by staying in the house, and he spread indoors the germs of that dread disease, consumption, which now is devastating many tribes, and which threatens eventually to extinguish that of the civilized world.

In the November number of the Journal of the Outdoor Life (New York), Dr. W. P. Northrup, of New York, the well known specialist on children's diseases, gives in an interesting bit of autobiography the history of his pioneer experiences with the treatment of disease in the fresh air. When, seven years ago, he dared to go against all current methods of treating pneumonia and place a child in the open air, he was called "crazy," a "faddist," and was threatened with extreme punishment should his experiment prove unsuccessful. But when he had demonstrated, after months of patient labor, that fresh air was the best medicine for those suffering from pneumonia, measles, whooping cough,

and even for weak, sickly babies, balloons began to appear here and there, until now almost every large hospital in New York has its open-air sleeping porches, and private sleeping balconies, and roof gardens are being built everywhere.

Its normal functions, oxygen must be supplied at all times to the blood, as Dr. Thomas H. Hay, of Stevens Point, Wis., superintendent of River View sanatorium, shows in the lungs during ordinary quiet breathing about thirty cubic inches at each inspiration. At the rate of eight breaths a minute, there would thus pass in and out of the lungs 77, 600 cubic inches, or 450 cubic feet, every twenty-four hours. With an average of seventy beats a minute, the heart delivers to the lungs for aeration five ounces of blood at every beat, or nearly 3,400 gallons a day. In other words, the lungs handle in twenty-four hours, 105 barrels of air and 125 barrels of blood.

In spite of the tremendous task which the heart and lungs are called upon to perform in the ventilation and aeration of the blood, it seems as if men and women do everything they can to make the task more difficult. The closed window, the unventilated work-room, the sealed-tight bedroom are but a few of the hindrances which prevent the lungs from getting oxygen—full air.

Both Dr. Hay and Dr. Thomas speak of the necessity for a supply of oxygen to the blood, and say that when the heart and lungs are called upon to perform in the ventilation and aeration of the blood, it seems as if men and women do everything they can to make the task more difficult. The closed window, the unventilated work-room, the sealed-tight bedroom are but a few of the hindrances which prevent the lungs from getting oxygen—full air.

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LADIES' AND MISSES' DEPARTMENT

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Greatest \$15 Suit Sale on Earth

\$20 and \$25 Values

Now Reduced to

\$15.00

Monday, Nov. 13

The time for reductions has arrived. Tyler, as usual, leads with the choicest offerings at the lowest prices. To-morrow the most exclusive and aristocratic models of the entire suit stock will be sold at this one price.

Serges, Cheviots, Broadcloths, Mixtures.

Snappy—dressy—high grade handsomely tailored—up to the moment in style—simply unsurpassed for every suit excellence. Sweit coat effects—exquisite trimming design of silk braid, satin and velvet. One model like picture—but there are hosts of others just as charming in every shade.

Expert Alterations Free.

\$15.00

A State-Wide Game
Commission

By Katharine H. Stuart.

That Virginia is far behind her sister States in bird protection, no one can deny who has studied the question. Year after year a few members of the Virginia Game Protective Association, under their president, Dr. J. B. Fisher, and their untiring secretary, L. T. Christian, of Richmond, have done faithful, but unrewarded work for the conservation of our water fowl and other birds.

Meetings have been held from time to time during sessions of the Legislature where distinguished speakers have been invited to show how other States, with a proper warden system, have not only increased the game and non-game birds, but enriched their treasuries. In many instances giving large sums for public school improvements from money received for licenses, etc. New laws have been enacted and some good results have followed these efforts, but with 190 counties and a limited number of poorly paid wardens and with no head to direct the work, to-day we see some of our game laws, the gradual decrease in one of the State's greatest assets—Virginia's splendid wild birds and animals.

Pot hunters and specimen hunters have undisturbed our fields, and stray dogs destroy annually hundreds of the nests of our wild turkeys, Bob Whites, etc. Baiting, netting and shooting from batteries is practiced throughout Tidewater Virginia, and the names of some of the violators of our game laws are known, and yet no step is taken to punish the offenders or stay this barbarous slaughter of our splendid game. Hundreds of our birds have been shipped out of the State for market, as shown in a recent investigation in New York of a large cold-storage plant. There are many other abuses we could mention, but these are enough to arouse our people to some action in the near future.

The Virginia Audubon Association, with headquarters in Richmond, and the Virginia Federation of Women's Clubs have done a grand work in the past year in awakening public sentiment in favor of proper protection for our wild birds and animals. Governor Mann greatly aided this work in the past year in his message to the General Assembly. In response to this call of our executive, the day for beautiful observance in all parts of the State, schoolrooms were decorated, poems recited, compositions read and many prizes awarded by our club women for the best essays on the birds of Virginia.

The educational work done in the schools, with the consent of the State superintendent and school superintendents and principals, and with the hearty co-operation of the teachers and children, will bring a brighter day for our birds in the old Commonwealth, for we of this generation are learning to take as our motto, "The bird in the bush is worth two in the hand," and that our feathered brothers are useful citizens and caretakers of our forests, our orchards and rivers, and their destruction will desolate our land.

Now there must be a remedy for these bad conditions, and it must be found in a State-wide game commission. We ask that our next Legislature create this office and select a State game warden some good man without fear, and ready to do his duty at all times. With a proper head to direct the work all over the State, in a few years we will have good results and a large revenue from this source for work in educational lines.

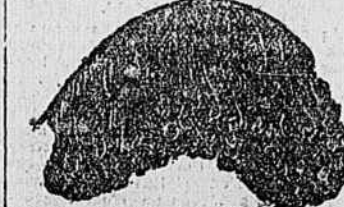
Protection does not mean that the sportsman must put up his gun, but that there will be more game for those who view the bird from that standpoint, and to those who see in the "feathered brother" a higher mission and who "shoot with the camera." Our fields and woods will once more echo with the glad song of our beautiful wild birds—saved through the united efforts of Virginia's loyal sons and daughters who rejoice to see her in all that goes to make the State prosperous and attractive.

We appeal to our Governor, United States Senators and Representatives, judges of our courts and all our people, to lend us their voices and influence in this work now going on in the State for the conservation of wild life. Especially do we desire the patient influence of the editors of our State papers who mold public thought in all lines.

"Conservation" is the watchword of the States and nation to-day, and can Virginia sit idly by and not do her part? Let us unite in this great work, men, women and children of the Mother of States and Presidents, and let us, as our example our immortal leader, Robert E. Lee, who stooped to sponge the tired back and the heated mouth of his faithful horse, Traveler, and who, on his way to battle put back into his nest a little feathering too weak to fly from the ground, and in these tender, beautiful acts to God's creatures he has become an example—to quote Dr. Stillman, president of the National Humane Association—"for humanitarianism North and South."



MISS GERTRUDE LAFFERTY, daughter of Dr. and Mrs. J. S. Lafferty, of Concord, N. C., who was married on November 1 to Dr. E. H. Lafferty, of Anderson, S. C.



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BOWLING GREEN

(Special to The Times-Dispatch.)—Bowling Green, Va., November 11.—Mrs. Corrie Lee Monrore has returned from Richmond, where she was the guest of Mrs. William A. Monrore.

Dr. Charles L. Baker, and family, who have been visiting Joseph Baker at Sparta, are now in Charlottesville, Va., visiting Mrs. Eugene Baker.

Mrs. Sallie Anderson and Miss Linda Anderson are in Staunton, Ga., where they will spend the winter with relatives.

Blanche Corbitt is in Richmond, where she attended the meeting of the Daughters of the Confederacy.

MISS MARIA ROBINSON, a prominent young society woman of Raleigh, N. C.